

**Sarah Swenson MA LMHC**  
Coaching for Neurodiverse Couples:  
Autistic + Neurotypical  
**SwensonCoaching.com**  
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Please complete, sign, and return this form to me with your Client Information.

Name \_\_\_\_\_

The fee is \$200 per session for an individual and \$250 per session for a couple. A session runs between 40 and 50 minutes. The fee is due before the session begins. Payment can be made on the Make a Payment page at SwensonCoaching.com.

#### GENERAL INFORMATION

1. As a client, I understand and agree that I am fully responsible for my well-being, including for my choices and decisions. I am aware that I can choose to discontinue coaching at any time.
2. I understand that coaching is a relationship I have with my coach that is designed to facilitate the development of personal goals and hold me accountable for implementing any changes I want to make.
3. I understand that coaching is a comprehensive process that may involve many areas of my life. I acknowledge that deciding how to handle issues and implement choices is exclusively my responsibility.
4. I understand that coaching does not treat mental disorders as defined by the American Psychiatric Association. It is not a substitute for therapy.
5. I promise that if I am currently in therapy, I have consulted with my therapist regarding the advisability of working with a coach and that this person is aware of my decision to proceed with the coaching relationship.

6. I understand that coaching is not to be used in lieu of other professional advice. I will seek professional guidance for legal, medical, financial, business, spiritual, or other matters. I understand that all decisions in these areas are exclusively mine, and I acknowledge that my decisions and my actions regarding them are my responsibility.

Signature \_\_\_\_\_

Date \_\_\_\_\_